

North Central Regional Cross Country Meet - Women
 Wayne State College, Wayne, NE
 November 4, 2006 - 6 Kilometers

Place	Tea	Name	Year	Team	3ksplit	5ksplit	Finish	Pace
=====	===	=====	=====	=====	=====	=====	=====	=====
1	1	Esther Komen	SO	Western State	10:23	17:36	20:58.5	5:38
2	2	Agnes Kroneraff	SR	Western State	10:32	17:52	21:08.9	5:41
3	1	Shannon Payne	JR	UC-Colo. Spgs.	10:32	17:51	21:20.8	5:44
4	1	Brittany Somers	JR	Adams State	10:33	18:04	21:33.5	5:47
5	2	Lavenna Mullenbach	SO	Adams State	10:40	18:13	21:39.7	5:49
6	3	Tanya Gaurmer	JR	Adams State	10:42	18:23	21:47.2	5:51
7	4	Heather Wood	SO	Adams State	10:47	18:22	21:49.7	5:52
8	1	Jillian Tholen	FR	Augustana (S.D.)	10:43	18:15	21:51.2	5:52
9	3	Elsabeth Goshu	FR	Western State	10:48	18:24	21:52.1	5:52
10	1	Emily Roser	SR	Fort Lewis	10:47	18:31	22:04.1	5:56
11	2	Ashley Birger	SR	UC-Colo. Spgs.	10:57	18:45	22:15.2	5:59
12	3	Jenna Dorsey-Spitz	JR	UC-Colo. Spgs.	11:04	18:55	22:27.9	6:02
13	4	Anne Ronoh	FR	Western State	10:55	18:48	22:29.2	6:02
14	1	Amy Lindner	SR	South Dakota	11:04	18:54	22:29.5	6:02
15	5	Natalie Provost	JR	Western State	10:59	18:54	22:29.9	6:03
16	1	Kaci Lickteig	FR	Nebraska-Kearney	11:05	19:02	22:31.9	6:03
17	1	Katelyn Meger	FR	Minnesota-Duluth	11:18	19:01	22:32.8	6:03
18	2	Jessica Pape	JR	Augustana (S.D.)	11:03	19:05	22:39.6	6:05
19	6	Shannon Filar	SR	Western State	11:08	19:05	22:45.2	6:07
20	7	Jenny Hockman	SO	Western State	11:12	19:03	22:45.3	6:07
21	2	Liz Palkie	FR	Minnesota-Duluth	11:19	19:17	22:47.7	6:07
22	1	Megan Zavorka	FR	Wayne St. (Neb.)	11:07	19:16	22:48.8	6:08
23	1	Lauren Duns Moor	JR	Colorado St.-Pueblo	11:06	19:08	22:51.1	6:08
24	1	Kristy Keithley	JR	North Dakota	11:14	19:15	22:53.7	6:09
25	4	Sarah Shepard	SR	UC-Colo. Spgs.	11:13	19:13	22:54.2	6:09
26	5	Janette McCarroll	FR	Adams State	10:59	19:03	22:59.4	6:10
27	1	Kaylen Harris	JR	Nebraska-Omaha	11:15	19:19	23:01.2	6:11
28	2	Amanda Gefroh	SO	North Dakota	11:24	19:23	23:02.0	6:11
29	2	Jessica Quigley	SR	Fort Lewis	11:20	19:23	23:04.2	6:12
30	3	Molly Clark	FR	Augustana (S.D.)	11:18	19:27	23:05.0	6:12
31	1	Esmeralda Martinez	FR	Mesa State	11:15	19:22	23:06.7	6:12
32	3	Margaret Landberg	SR	North Dakota	11:15	19:25	23:07.0	6:13
33	4	Callie Malone	SO	North Dakota	11:22	19:26	23:09.2	6:13
34	4	Alyssa Anderson	FR	Augustana (S.D.)	11:15	19:25	23:10.9	6:14
35	5	Rachelle Duerre	JR	North Dakota	11:14	19:19	23:13.2	6:14
36	1	Jenny Hoese	FR	Minn. St. Mankato	11:16	19:26	23:14.1	6:14
37	5	Caitlin Polgreen	FR	Augustana (S.D.)	11:23	19:28	23:15.0	6:15
38	2	Lexi Dunlop	SO	South Dakota	11:30	19:41	23:21.4	6:16
39	6	Kelly Fernandez	SO	Augustana (S.D.)	11:16	19:29	23:22.4	6:17
40	2	Tahnee Tuenge	JR	Nebraska-Omaha	11:17	19:47	23:24.9	6:17
41	1	Anna Hacker	JR	Regis (Colo.)	11:37	19:40	23:27.0	6:18
42	2	Jacquelyn Dibbern	JR	Nebraska-Kearney	11:35	19:51	23:28.2	6:18
43	3	Mary Margaret Nelson	FR	Nebraska-Omaha	11:27	19:48	23:29.0	6:18
44	3	Jessica Lundgren	SO	South Dakota	11:30	19:44	23:32.1	6:19
45	6	Kristi Dahlheimer	FR	North Dakota	11:26	19:49	23:32.9	6:19
46	4	Kelli Mertes	SO	Nebraska-Omaha	11:28	19:54	23:36.1	6:20
47	1	Serena Gardiner	JR	Colorado Mines	11:36	20:00	23:36.5	6:20
48	2	Melissa Schmit	FR	Wayne St. (Neb.)	11:30	19:48	23:36.6	6:20
49	1	Desarae Gleason	SR	Metropolitan St.	11:22	19:58	23:37.8	6:21
50	3	Sarah Thomsen	FR	Wayne St. (Neb.)	11:40	19:59	23:38.1	6:2

North Central Regional Cross Country Meet - Women
Wayne State College, Wayne, NE
November 4, 2006 - 6 Kilometers

Place	Tea	Name	Year	Team	3ksplit	5ksplit	Finish	Pace
=====	===	=====	=====	=====	=====	=====	=====	=====
51	2	Judy Jimenez	JR	Metropolitan St.	11:25	19:49	23:39.0	6:21
52	3	Monica Bishop	JR	Fort Lewis	11:40	19:56	23:42.6	6:22
53	6	Bridget Herron	SO	Adams State	11:37	19:55	23:45.6	6:23
54	3	Kristin Zinsmaster	SR	Minnesota-Duluth	11:37	19:58	23:47.0	6:23
55	2	Sydney Laws	FR	Colorado Mines	11:36	19:59	23:48.1	6:24
56	5	Christy Severy	FR	UC-Colo. Spgs.	11:53	20:03	23:52.8	6:25
57	3	Emily Milian	FR	Colorado Mines	11:37	20:01	23:55.5	6:26
58	2	Samantha Hentosh	FR	Mesa State	11:44	20:11	23:56.0	6:26
59	6	Lisa Short	SO	UC-Colo. Spgs.	11:52	20:08	23:56.7	6:26
60	7	Lori Benke	FR	North Dakota	11:30	20:06	23:57.0	6:26
61	1	Emily Winans	SO	St. Cloud St.	11:47	20:15	24:00.1	6:27
62	2	Samantha Smith	SO	Minn. St. Mankato	11:37	20:11	24:00.3	6:27
63	7	Miranda Wagner	SO	Augustana (S.D.)	11:27	20:02	24:03.1	6:28
64	4	Jen Laipple	SR	Fort Lewis	11:43	20:20	24:05.9	6:28
65	4	Emma Bahe	SO	Minnesota-Duluth	12:00	20:20	24:06.0	6:28
66	2	Kala Halverson	SO	St. Cloud St.	11:53	20:16	24:07.0	6:29
67	1	Allie Glasbrenner	FR	Winona State	11:41	20:12	24:07.5	6:29
68	3	Meagan McConnell	FR	Minn. St. Mankato	11:45	20:18	24:13.9	6:30
69	1	Katherine Quintana	FR	New Mexico Highlands	11:52	20:22	24:16.3	6:31
70	2	Amy Smith	FR	Regis (Colo.)	11:54	20:25	24:20.0	6:32
71	1	Shae Wallin	JR	Concordia-St. Paul	11:43	20:20	24:21.8	6:33
72	3	Anne McGovern	JR	Nebraska-Kearney	11:56	20:36	24:27.0	6:34
73	5	Kaydee McCray	FR	Fort Lewis	11:43	20:30	24:27.9	6:34
74	7	Whitney Lund	SO	UC-Colo. Spgs.	12:09	20:35	24:30.0	6:35
75	7	Loice Kimutai	FR	Adams State	11:29	20:23	24:30.4	6:35
76	4	Amanda Dettman	FR	Minn. St. Mankato	11:56	20:44	24:33.4	6:36
77	3	Mandi Hepworth	SR	Metropolitan St.	11:49	20:40	24:33.8	6:36
78	2	Melony Schiffner	SR	New Mexico Highlands	12:00	20:46	24:35.1	6:36
79	4	Molly Gibson	FR	Wayne St. (Neb.)	12:03	20:49	24:35.5	6:36
80	4	Adrienne (whi Rice	JR	Colorado Mines	11:58	20:38	24:35.5	6:36
81	1	Sara Rebenitsch	SO	Minn. St. Moorhead	11:55	20:31	24:35.8	6:36
82	2	Rayna Berndt	SO	Minn. St. Moorhead	12:22	20:53	24:39.1	6:37
83	5	Lindsay Broughten	FR	Minn. St. Mankato	12:01	20:43	24:46.2	6:39
84	4	Amy Steckelberg	SR	South Dakota	11:57	20:49	24:46.9	6:39
85	5	Megan Knudson	FR	Wayne St. (Neb.)	12:09	20:53	24:48.5	6:40
86	2	Stephanie Smith	FR	Winona State	12:02	20:50	24:51.4	6:41
87	3	Anna Moseley	JR	Mesa State	12:07	20:55	24:54.5	6:41
88	1	Jenny Baus	JR	Northern State	12:22	21:09	24:55.3	6:42
89	3	Kristen Mantooth	SO	Minn. St. Moorhead	12:17	21:08	24:55.7	6:42
90	2	Sarah Lile	JR	Colorado St.-Pueblo	12:13	21:00	24:55.9	6:42
91	3	Alona Watchman	JR	New Mexico Highlands	12:06	20:53	24:56.0	6:42
92	4	Michelle Hanson	SO	Minn. St. Moorhead	12:16	21:07	25:00.1	6:43
93	2	Kelsea Barondeau	FR	Northern State	12:20	21:09	25:02.8	6:44
94	5	Kari Bloch	FR	Minn. St. Moorhead	12:16	21:05	25:03.5	6:44
95	5	Rachel Truckenbrod	FR	Nebraska-Omaha	12:12	21:06	25:03.8	6:44
96	4	Janelle Haskins	JR	Mesa State	12:22	21:12	25:10.9	6:46
97	6	Tricia Harutun	SO	Fort Lewis	12:03	21:02	25:16.4	6:47
98	4	Beca Fischer	FR	Metropolitan St.	12:26	21:14	25:18.5	6:48
99	1	Genna Ironi	FR	Bemidji St.	12:31	21:26	25:19.8	6:48
100	4	Katelin Engard	JR	New Mexico Highlands	12:19	21:19	25:21.9	6:49

North Central Regional Cross Country Meet - Women
 Wayne State College, Wayne, NE
 November 4, 2006 - 6 Kilometers

Place	Tea	Name	Year	Team	3ksplit	5ksplit	Finish	Pace
=====	===	=====	=====	=====	=====	=====	=====	=====
101	5	Carrie Brooks	SO	South Dakota	12:06	21:05	25:22.8	6:49
102	6	Rachel Smalley	SO	Minn. St. Mankato	12:14	21:28	25:24.7	6:49
103	6	Meghan Costello	FR	Wayne St. (Neb.)	12:17	21:21	25:26.5	6:50
104	6	Heather Kuhlmann	FR	South Dakota	12:15	21:20	25:27.3	6:50
105	5	Katie Inderrieden	JR	Minnesota-Duluth	12:18	21:22	25:28.1	6:50
106	6	Kassie Kaas	SR	Minnesota-Duluth	12:23	21:35	25:34.6	6:52
107	5	Natalia Haberl	FR	Metropolitan St.	12:14	21:39	25:41.0	6:54
108	7	Sara Frederickson	SR	Minnesota-Duluth	12:18	21:29	25:42.2	6:54
109	3	Valerie Moore	SO	Northern State	12:25	21:51	25:43.4	6:54
110	2	Megan Fulton	FR	Concordia-St. Paul	12:28	21:42	25:48.9	6:56
111	7	Heidi Flint	JR	Fort Lewis	12:32	21:36	25:50.6	6:56
112	7	Libby Gemberling	SO	Minn. St. Mankato	12:22	21:44	25:53.4	6:57
113	3	Stephanie Paine	JR	Regis (Colo.)	12:47	21:47	25:56.5	6:58
114	4	Megan McClure	FR	Nebraska-Kearney	12:40	21:53	26:04.0	7:00
115	6	Michelle Sausa	SO	Metropolitan St.	12:40	22:05	26:05.6	7:00
116	6	Diane Miller	JR	Minn. St. Moorhead	13:08	22:11	26:09.3	7:01
117	3	Kendall Bruhl	SO	Concordia-St. Paul	12:46	21:49	26:10.7	7:02
118	4	Molly Bethke	FR	Concordia-St. Paul	12:38	21:55	26:13.5	7:03
119	3	Bobbi Krippner	JR	St. Cloud St.	12:39	22:07	26:14.7	7:03
120	5	Courtney Rohde	FR	Colorado Mines	12:34	22:02	26:16.4	7:03
121	5	Faith Maschmann	SO	Nebraska-Kearney	12:46	22:09	26:21.3	7:05
122	3	Stephanie Nelson	SR	Winona State	13:09	22:13	26:24.5	7:05
123	6	Kellie Nevins	JR	Nebraska-Kearney	12:45	22:16	26:35.4	7:08
124	5	Kimberly Kerch	JR	New Mexico Highlands	12:54	22:22	26:35.4	7:08
125	4	Tosha West	SO	Northern State	12:54	22:26	26:40.1	7:10
126	4	Andrea Borden	FR	St. Cloud St.	12:43	22:22	26:43.1	7:10
127	4	Erica Easter	SR	Regis (Colo.)	12:43	22:35	26:49.8	7:12
128	3	Kristin Heinl	SR	Colorado St.-Pueblo	13:04	22:42	26:52.7	7:13
129	5	Monique Carillo	FR	Mesa State	13:04	22:39	26:54.3	7:13
130	6	Myrriah Gomez	JR	New Mexico Highlands	12:46	22:53	27:05.9	7:17
131	6	Devyn Huck	SR	Mesa State	13:15	22:49	27:08.4	7:17
132	5	Amy Hacker	FR	Regis (Colo.)	13:17	22:50	27:09.1	7:17
133	2	Jillian Schuster	JR	Bemidji St.	13:03	22:45	27:13.0	7:19
134	4	Heidi Johnson	SR	Winona State	13:11	23:03	27:28.1	7:23
135	3	Sara Opdahl	FR	Bemidji St.	13:24	23:09	27:30.1	7:23
136	7	Tianna Hurtado	FR	South Dakota	12:25	22:53	27:30.2	7:23
137	5	Emily Stanzyk	SO	Concordia-St. Paul	13:09	23:01	27:31.8	7:24
138	5	Alissa Trebil	SO	Winona State	13:37	23:16	27:33.2	7:24
139	5	Alyssa Kronlund	FR	St. Cloud St.	13:29	23:20	27:33.2	7:24
140	7	Shawnee Rudnicki	FR	Metropolitan St.	13:12	23:10	27:34.9	7:24
141	5	Lindsey Patterson	SR	Northern State	13:22	23:11	27:38.5	7:25
142	6	Laura Taylor	SR	Winona State	13:20	23:16	27:47.7	7:28
143	6	Libbie Sanders	SO	St. Cloud St.	13:29	23:32	27:53.7	7:29
144	6	Sandra James	FR	Concordia-St. Paul	13:08	23:03	28:07.9	7:33
145	6	Megan Vestal	FR	Regis (Colo.)	13:28	23:49	28:20.7	7:37
146	7	Katherine Wolf	JR	Winona State	13:45	23:45	28:21.9	7:37
147	6	Heather Oertli	FR	Colorado Mines	13:33	23:56	28:39.9	7:42
148	4	Allison Osgood	SO	Bemidji St.	14:06	25:05	29:31.1	7:56
149	5	Ali Judkins	SR	Bemidji St.	13:56	24:32	29:43.0	7:59
150	4	Ashley Samek	JR	Colorado St.-Pueblo	14:02	25:03	29:53.8	8:02

North Central Regional Cross Country Meet - Women
 Wayne State College, Wayne, NE
 November 4, 2006 - 6 Kilometers

Place	Tea	Name	Year	Team	3ksplit	5ksplit	Finish	Pace
=====	===	=====	=====	=====	=====	=====	=====	=====
151	7	Brittani Sours	SR	Regis (Colo.)	15:40	28:21	33:10.9	8:54
152	5	Elizabeth Grossman	SO	Colorado St.-Pueblo	16:24	28:50	34:29.7	9:16
153	7	Ashley Smith	SR	Wayne St. (Neb.)	12:41			
154	7	Holly Dombrovski	SO	St. Cloud St.	13:26			

 North Central Regional Country Meet - Women's
 6K - Wayne State College, Wayne, NE
 November 4, 2006

1.	40	Western State	(21:48.20	1:49:01.00)			
=====								
1	1	Esther Komen SO		20:58.45	5	15	Natalie Provost JR	22:29.90
2	2	Agnes Kroneraff SR		21:08.85	6	(19)	Shannon Filar SR	22:45.15
3	9	Elsabeth Goshu FR		21:52.10	7	(20)	Jenny Hockman SO	22:45.25
4	13	Anne Ronoh FR		22:29.15				
2.	48	Adams State	(21:58.40	1:49:52.00)			
=====								
1	4	Brittany Somers JR		21:33.50	5	26	Janette McCarroll FR	22:59.35
2	5	Lavenna Mullenbach SO		21:39.65	6	(53)	Bridget Herron SO	23:45.55
3	6	Tanya Gaurmer JR		21:47.20	7	(75)	Loice Kimutai FR	24:30.40
4	7	Heather Wood SO		21:49.65				
3.	107	UC-Colo. Spgs.	(22:34.60	1:52:53.00)			
=====								
1	3	Shannon Payne JR		21:20.80	5	56	Christy Severy FR	23:52.80
2	11	Ashley Birger SR		22:15.20	6	(59)	Lisa Short SO	23:56.65
3	12	Jenna Dorsey-Spitz JR		22:27.90	7	(74)	Whitney Lund SO	24:30.00
4	25	Sarah Shepard SR		22:54.15				
4.	127	Augustana (S.D.)	(22:48.60	1:54:03.00)			
=====								
1	8	Jillian Tholen FR		21:51.20	5	37	Caitlin Polgreen FR	23:15.00
2	18	Jessica Pape JR		22:39.60	6	(39)	Kelly Fernandez SO	23:22.40
3	30	Molly Clark FR		23:04.95	7	(63)	Miranda Wagner SO	24:03.10
4	34	Alyssa Anderson FR		23:10.85				
5.	152	North Dakota	(23:05.40	1:55:27.00)			
=====								
1	24	Kristy Keithley JR		22:53.65	5	35	Rachelle Duerre JR	23:13.20
2	28	Amanda Gefroh SO		23:02.00	6	(45)	Kristi Dahlheimer FR	23:32.85
3	32	Margaret Landberg SR		23:07.00	7	(60)	Lori Benke FR	23:57.00
4	33	Callie Malone SO		23:09.20				
6.	228	Fort Lewis	(23:29.40	1:57:27.00)			
=====								
1	10	Emily Roser SR		22:04.10	5	73	Kaydee McCray FR	24:27.90
2	29	Jessica Quigley SR		23:04.20	6	(97)	Tricia Harutun SO	25:16.35
3	52	Monica Bishop JR		23:42.60	7	(111)	Heidi Flint JR	25:50.60
4	64	Jen Laipple SR		24:05.90				
7.	251	Nebraska-Omaha	(23:43.40	1:58:37.00)			
=====								
1	27	Kaylen Harris JR		23:01.20	4	46	Kelli Mertes SO	23:36.05
2	40	Tahnee Tuenge JR		23:24.90	5	95	Rachel Truckenbrod FR	25:03.80
3	43	Mary Margaret Nelson FR		23:28.95				

 North Central Regional Country Meet - Women's
 6K - Wayne State College, Wayne, NE
 November 4, 2006

8.	262	Minnesota-Duluth	(23:44.60	1:58:43.00)			
=====								
1	17	Katelyn Meger FR		22:32.80	5	105	Katie Inderrieden JR	25:28.10
2	21	Liz Palkie FR		22:47.65	6	(106)	Kassie Kaas SR	25:34.60
3	54	Kristin Zinsmaster SR		23:46.95	7	(108)	Sara Frederickson SR	25:42.20
4	65	Emma Bahe SO		24:06.00				
9.	281	South Dakota	(23:55.00	1:59:35.00)			
=====								
1	14	Amy Lindner SR		22:29.50	5	101	Carrie Brooks SO	25:22.80
2	38	Lexi Dunlop SO		23:21.35	6	(104)	Heather Kuhlmann FR	25:27.30
3	44	Jessica Lundgren SO		23:32.10	7	(136)	Tianna Hurtado FR	27:30.20
4	84	Amy Steckelberg SR		24:46.90				
10.	284	Wayne St. (Neb.)	(23:54.00	1:59:30.00)			
=====								
1	22	Megan Zavorka FR		22:48.75	4	79	Molly Gibson FR	24:35.50
2	48	Melissa Schmit FR		23:36.60	5	85	Megan Knudson FR	24:48.45
3	50	Sarah Thomsen FR		23:38.10	6	(103)	Meghan Costello FR	25:26.50
11.	325	Minn. St. Mankato	(24:10.20	2:00:51.00)			
=====								
1	36	Jenny Hoese FR		23:14.10	5	83	Lindsay Broughten FR	24:46.15
2	62	Samantha Smith SO		24:00.30	6	(102)	Rachel Smalley SO	25:24.70
3	68	Meagan McConnell FR		24:13.90	7	(112)	Libby Gemberling SO	25:53.40
4	76	Amanda Dettman FR		24:33.35				
12.	359	Colorado Mines	(24:27.00	2:02:15.00)			
=====								
1	47	Serena Gardiner JR		23:36.50	4	80	Adrienne (Whi Rice JR	24:35.50
2	55	Sydney Laws FR		23:48.05	5	120	Courtney Rohde FR	26:16.40
3	57	Emily Milian FR		23:55.50	6	(147)	Heather Oertli FR	28:39.85
13.	365	Nebraska-Kearney	(24:34.80	2:02:54.00)			
=====								
1	16	Kaci Lickteig FR		22:31.90	4	114	Megan McClure FR	26:03.95
2	42	Jacquelyn Dibbern JR		23:28.20	5	121	Faith Maschmann SO	26:21.30
3	72	Anne McGovern JR		24:27.00	6	(123)	Kellie Nevins JR	26:35.40
14.	382	Metropolitan St.	(24:34.20	2:02:51.00)			
=====								
1	49	Desarae Gleason SR		23:37.75	5	107	Natalia Haberl FR	25:40.95
2	51	Judy Jimenez JR		23:39.00	6	(115)	Michelle Sausa SO	26:05.55
3	77	Mandi Hepworth SR		24:33.80	7	(140)	Shawnee Rudnicki FR	27:34.90
4	98	Beca Fischer FR		25:18.45				

 North Central Regional Country Meet - Women's
 6K - Wayne State College, Wayne, NE
 November 4, 2006

15.	401	Mesa State	(24:48.80	2:04:04.00)				
=====									
1	31	Esmeralda Martinez FR		23:06.65	4	96	Janelle Haskins JR		25:10.85
2	58	Samantha Hentosh FR		23:56.00	5	129	Monique Carillo FR		26:54.25
3	87	Anna Moseley JR		24:54.45	6	(131)	Devyn Huck SR		27:08.35
16.	438	Minn. St. Moorhead	(24:51.40	2:04:17.00)				
=====									
1	81	Sara Rebenitsch SO		24:35.80	4	92	Michelle Hanson SO		25:00.05
2	82	Rayna Berndt SO		24:39.10	5	94	Kari Bloch FR		25:03.45
3	89	Kristen Mantooth SO		24:55.65	6	(116)	Diane Miller JR		26:09.30
17.	462	New Mexico Highlands	(25:09.40	2:05:47.00)				
=====									
1	69	Katherine Quintana FR		24:16.30	4	100	Katelin Engard JR		25:21.90
2	78	Melony Schiffner SR		24:35.10	5	124	Kimberly Kerch JR		26:35.40
3	91	Alona Watchman JR		24:56.00	6	(130)	Myrriah Gomez JR		27:05.90
18.	483	Regis (Colo.)	(25:32.80	2:07:44.00)				
=====									
1	41	Anna Hacker JR		23:26.95	5	132	Amy Hacker FR		27:09.10
2	70	Amy Smith FR		24:19.95	6	(145)	Megan Vestal FR		28:20.65
3	113	Stephanie Paine JR		25:56.50	7	(151)	Brittani Sours SR		33:10.85
4	127	Erica Easter SR		26:49.75					
19.	511	St. Cloud St.	(25:44.20	2:08:41.00)				
=====									
1	61	Emily Winans SO		24:00.05	4	126	Andrea Borden FR		26:43.10
2	66	Kala Halverson SO		24:07.00	5	139	Alyssa Kronlund FR		27:33.20
3	119	Bobbi Krippner JR		26:14.70	6	(143)	Libbie Sanders SO		27:53.65
20.	543	Colorado St.-Pueblo	(27:49.00	2:19:05.00)				
=====									
1	23	Lauren Dunsmoor JR		22:51.05	4	150	Ashley Samek JR		29:53.80
2	90	Sarah Lile JR		24:55.90	5	152	Elizabeth Grossman SO		34:29.65
3	128	Kristin Heinl SR		26:52.70					
21.	547	Winona State	(26:05.60	2:10:28.00)				
=====									
1	67	Allie Glasbrenner FR		24:07.45	5	138	Alissa Trebil SO		27:33.15
2	86	Stephanie Smith FR		24:51.35	6	(142)	Laura Taylor SR		27:47.65
3	122	Stephanie Nelson SR		26:24.45	7	(146)	Katherine Wolf JR		28:21.85
4	134	Heidi Johnson SR		27:28.10					

 North Central Regional Country Meet - Women's
 6K - Wayne State College, Wayne, NE
 November 4, 2006

22. 553 Concordia-St. Paul (26:01.60 2:10:08.00)
 =====

1	71	Shae Wallin JR	24:21.80	4	118	Molly Bethke FR	26:13.45
2	110	Megan Fulton FR	25:48.85	5	137	Emily Stanzyk SO	27:31.80
3	117	Kendall Bruhl SO	26:10.70	6	(144)	Sandra James FR	28:07.85

23. 556 Northern State (26:00.60 2:10:03.00)
 =====

1	88	Jenny Baus JR	24:55.25	4	125	Tosha West SO	26:40.05
2	93	Kelsea Barondeau FR	25:02.75	5	141	Lindsey Patterson SR	27:38.50
3	109	Valerie Moore SO	25:43.40				

24. 664 Bemidji St. (27:51.80 2:19:19.00)
 =====

1	99	Genna Ironi FR	25:19.75	4	148	Allison Osgood SO	29:31.10
2	133	Jillian Schuster JR	27:13.00	5	149	Ali Judkins SR	29:42.95
3	135	Sara Opdahl FR	27:30.10				